**30th Symposium on Experimental Mechanics**

Warszawa, Poland, October 15÷18, 2025

**TITLE OF PAPER  *(bold font 14 pt, centred alignment, capital letters)***

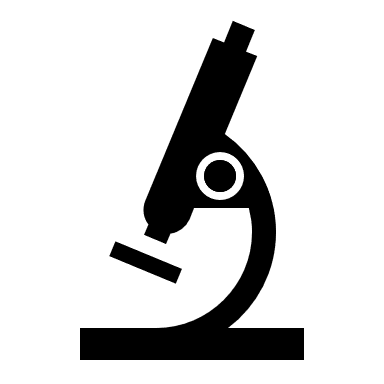
**Authors’ full name1, Authors’ full name2 *(bold font 12 pt, centred)***

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Extended abstract should be in 2 pages (including figures, tables and photographs), written in one column, with regular font 12 pt high (Times New Roman or similar) with single space. Text should be justified alignment. Indentation of the first line of paragraph 0.75 cm. The width of upper margin 1,5 cm, width of lower, right and left margin 2 cm.

Examples of a correctly inserted figure, table, and equation are shown below.



***Fig. 1.*** *Example of figure*

***Tab. 1.*** *Example of table*

|  |  |
| --- | --- |
| Sample | Force [N] |
| 1 | 120 |
| 2 | 123 |
| 3 | 150 |

(1)

References should be quoted in the text with a number in square brackets [1] using IEEE style. Examples of references are shown at the end of this template.

Please send abstract files using Symposium e-mail: sme.meil@pw.edu.pl in \*.pdf and \*.docx forms. The length of file should not exceed 6 MB.

**Acknowledgements**

***(optional)*** This work was supported…

**References**

[1] J. Lee and G. L. Fenves, “Plastic-Damage Model for Cyclic Loading of Concrete Structures”, *J. Eng. Mech.*, vol. 124, no. 8, 892–900, 1998, doi: 10.1061/(ASCE)0733-9399(1998)124:8(892).